



Saint Moninna's GAC, Killeavy

Health & Wellbeing Officer

The Health & Wellbeing Officer of St Moninna GFC shall have the remit to:

- Liaise with the County Health & Wellbeing Sub-Committee and Club Executive to;
 - Ensure the club is appropriately represented at training or other events organised through the County Health & Wellbeing Sub-Committee.
 - Promote and support at club level any activities organised by the County Health & Wellbeing Sub-Committee committee.
 - Provide reports, as required, to the Club Executive on plans and activities, including a report for the club AGM on work completed and any plans for the subsequent year.
- Ensure appropriate policies and activities are implemented at club level by:
 - Using the resources available ensure that policies such as the Club Drug & Alcohol policy template and the Club Mental Health Charter, are implemented.
 - Promoting health activities and partnerships developed at national, provincial, and county level that may benefit club members.
 - Where appropriate or necessary, work with local service providers/agencies /charities who are seeking to make their services available to club members.
 - Work with the club Executive to promote health messages at club games and events.
 - Encourage the club to include the wider community (parents, past players, older men, etc.) in any health promoting plans or activities.
- Ensure that the Club fosters a Culture that promotes Health & Wellbeing amongst Club members & local community in the areas of:
 - Healthier Lifestyles
 - Positive Mental Health
 - Improved Nutrition
 - Drug & Alcohol Awareness
 - Cardiac Response Training
 - Road Safety
 - Resilience Suicide Awareness

Declaration

This document has been approved by the Club Executive Committee and serves as the role description for the Club's Health & Wellbeing Officer.

Signed: **Fionnuala O'Neill**
Health & Wellbeing Club Officer

18.12.14
Date

Signed: **Sean Callan**
Chairman

18.12.14
Date